

BEAUTY



Mom was going through her old photos and remarked how beautiful she was when she was younger. I told her that she is still pretty now but it got me thinking what really makes a person beautiful.

In our youth, most of us look wonderful, despite all the flaws. As we age, our skin becomes one of our biggest enemy. Our character is pretty rough in our youth too. We make friends, hurt our friends directly or indirectly and we start to grow in character. As we experience life and share our life with others, our circle of friends grow bigger or smaller and these circle of friends will change as we live through different stages in our lives. Nonetheless the constant change is our heart as it grows for the better (if we make the conscious effort to do so) and there lies the true definition of beauty in my opinion. This effort to grow well however has proved to be extremely challenging.

“Beauty is not in the face; Beauty is a light in the heart”

– Khalil Gibran

“The only lasting beauty is the beauty of the heart”

- Rumi

“Beauty is not about having the fairest skin or prettiest face. It’s about having the purest heart”

– Deejay Nesmo

What does the bible says?

“Your beauty should not come from outward adornment, such as elaborate hairstyles and wearing of gold jewellery or fine cloths. Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight.”

1 Peter 3:3-4

“Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.”

2 Corinthians 4:16



“I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

Psalm 139:14

“Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised.”

Proverbs 31:30

True beauty lies in the heart. To make this happen in the best way possible is through our God. Only HE can shape us in the most beautiful way possible. It is not ‘that’ difficult too. God does not demand us to change overnight but to take small tiny steps at a time. Read HIS Word, pray constantly and love HIM. From there, Jesus will teach us to love.

Empower us to love.

“So in Christ Jesus you are all children of God through faith, for all of you who are baptized into Christ have clothed yourselves with Christ.”

Galatians 3:26-27

Have faith in HIM. We often forget HIS love and lose our way during this journey in Christ. Discipline yourself and set aside time for him daily, an advice given by many and is probably the best way. It is in no way the only way as the Bible teaches us to meditate on HIS word every waking hour.

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”

Philippians 4:8

Remember that this is not the only gift Jesus has given us but one of many. Count his many blessings and promises. May we all grow into beautiful men and women that God wants us to be.

Back to the question, is my mother beautiful? She **SURE** is!

Alvin Wong

